

## INTERPRETIVE LOOP WILDFLOWER WALK

June

**Description:** From uppermost trailhead on 8<sup>th</sup> Street Extension/Sunset Peak Road, nearly 6 miles beyond Foothills Learning Center, take loop on right side of road (best in counter-clockwise direction). Difficulty: 2.2 miles roundtrip, 500+ foot elevation loss and gain. [Alternative: start at lower trailhead, adding 2 miles each way along creek.]

Plants listed alphabetically by genus within category. \* indicates native species

### WILDFLOWERS

- \***Yarrow** (*Achillea millefolium*)
- \***Bigflower agoseris or mountain-dandelion** (*Agoseris grandiflora*)
- \***Annual agoseris or mountain-dandelion** (*Agoseris heterophylla*)
- Pale alyssum or madwort** (*Alyssum alyssoides*) – dried pods of **desert alyssum** (*A. desertorum*) also present
- \***Fiddleneck** (*Amsinckia* spp.) – species difficult to distinguish
- \***Spreading dogbane** (*Apocynum androsaemifolium*) – some varying toward **intermediate dogbane** (*A. floribundum*)
- \***Heartleaf arnica** (*Arnica cordifolia*)
- \***Silver or western mugwort** (*Artemisia ludoviciana* var. *ludoviciana*)
- \***Boise milkvetch** (*Astragalus adanus*) – single small patch at upper junction
- \***Woolly-pod milkvetch** (*Astragalus purshii* var. *glareosus*)
- \***Arrowleaf balsamroot** (*Balsamorhiza sagittata*)
- \***Eyelashweed or blepharipappus** (*Blepharipappus scaber*)
- \***Rockcress** (*Boechera* sp.) – species difficult to distinguish, esp. without fruit
- Corn gromwell** (*Buglossoides/Lithospermum arvensis*)
- \***Wing-fruited or white mariposa lily** (*Calochortus eurycarpus*)
- \***Enchanter's-nightshade** (*Circaea alpina* ssp. *pacifica*)
- \***Diamond-petal farewell-to-spring** (*Clarkia rhomboidea*)
- \***Common miner's lettuce** (*Claytonia/Montia perfoliata*, possibly other species as well)
- \***Largeflower collomia** (*Collomia grandiflora*)
- \***Narrowleaf collomia, tiny trump** (*Collomia linearis*)
- \***Bastard toadflax** (*Comandra umbellata* var. *pallida*)
- \***Western hawksbeard** (*Crepis occidentalis*)
- \***Weakstem cryptantha** (*Cryptantha flaccida*)
- \***Western or Scouler's hawkweed** (*Hieracium scouleri*, previously *H. cynoglossoides*)
- \***Larkspur** (*Delphinium* sp.) – species difficult to distinguish; some local plants don't fit existing species descriptions very well
- \***Cordilleran woodbeauty, tall cinquefoil** (*Drymicallis convallaria*, formerly *Potentilla arguta* var. *convallaria*)
- \***Idaho woodbeauty, sticky cinquefoil** (*Drymocallis glabrata*, formerly *Potentilla glandulosa* var. *intermedia*)
- \***Common woodbeauty, sticky cinquefoil** (*Drymocallis glandulosa* var. *glandulosa*, previously *Potentilla glandulosa* var. *g.*) – petals cream-white to pale yellow, inflorescence open
- \***Ballhead sandwort** (*Eremogone congesta* var. *cephaloidea*, previously in *Arenaria*) – uncommon near trailhead
- \***Wyeth's buckwheat** (*Eriogonum fasciculatum*)
- \***Proliferous or strict wild-buckwheat** (*Eriogonum strictum* var. *proliferum*)
- \***Starry sulphur-flowered buckwheat** (*Eriogonum umbellatum* var. *ellipticum*) – umbels compound, blooming later than var. *stragulum*
- \***Spreading sulphur-flowered buckwheat** (*Eriogonum umbellatum* var. *stragulum*) – umbels simple, blooming earlier than var. *ellipticum*
- \***Broom buckwheat** (*Eriogonum vimineum*)
- Stork- or cranesbill, filaree** (*Erodium cicutarium*) – non-native

- \***Western wallflower** (*Erysimum capitatum*)
- \***Cleavers, bedstraw, stickywilly, goose-grass** (*Galium aparine*)
- \***Sticky geranium** (*Geranium viscosissimum*)
- \***Little sunflower** (*Helianthella uniflora*)
- \***Gooseberry-leaf alumroot** (*Heuchera grossulariifolia* var. *tenuifolia*)
- \***Ballhead waterleaf** (*Hydrophyllum capitatum*)
- \***Scarlet gilia, skyrocket, timpiute** (*Ipomopsis aggregata*, previously in *Gilia*)
- Prickly lettuce** (*Lactuca serriola*)
- \***Few-flower sweetpea** (*Lathyrus pauciflorus* var. *pauciflorus*)
- Lewis's flax** (*Linus lewisii*) – native to Idaho, but most (all?) populations in Boise foothills result from post-fire seeding
- \***Smallflower woodlandstar/prairiestar** (*Lithophragma parviflorum*)
- \***Stoneseed, Puccoon, Gromwell** (*Lithospermum ruderales*)
- \***Fernleaf biscuitroot** (*Lomatium [dissectum* var.] *multifidum*)
- \***Narrowleaf biscuitroot** (*Lomatium simplex*, previously included in *L. triternatum*, nine-leaf biscuitroot)
- \***Silver lupine** (*Lupinus argenteus*)
- \***False Solomon's-seal** (*Maianthemum/Smilacina racemosa*)
- \***Yellow monkeyflower** (*Mimulus/Erythranthe guttatus*)
- \***Bigleaf sandwort** (*Moehringia macrophylla*, previously in *Arenaria*)
- Mouse-ear forget-me-not, blue scorpion-grass**, (*Myosotis micrantha* [alt: *M. stricta*])
- \***Sweet-cicely** (*Osmorhiza* sp.)
- \***Brown's peony** (*Paeonia brownii*)
- \***Payette penstemon** (*Penstemon payettensis*)
- \***Wilcox' penstemon** (*Penstemon wilcoxii*)
- \***Silverleaf phacelia** (*Phacelia hastata* var. *hastata*)
- \***Wand or virgate phacelia** (*Phacelia heterophylla* var. *heterophylla*)
- \***Threadleaf phacelia** (*Phacelia linearis*)
- \***Carpet or Hood's phlox** (*Phlox hoodii*)
- \***Cross-seed or slender popcorn-flower** (*Plagiobothrys tenellus*)
- \***Longspur plectritis, Wedding-cake plant** (*Plectritis macrocera*)
- Small or garden burnet** (*Sanguisorba minor*, alternatively *Poterium sanguisorba*) – non-native, frequently included in post-fire seeding mixes for livestock and wildlife forage
- \***Wormleaf stonecrop** (*Sedum stenopetalum*)
- \***Sand fringe-pod** (*Thysanocarpus curvipes*)
- \***Wild-hyacinth, large-flowered triteleia, or Douglas's brodiaea** (*Triteleia grandiflora*, previously *Brodiaea douglasii*)
- \***Foothill death-camas** (*Toxicoscordion/Zigadenus paniculatum*)
- Yellow salsify or goat's-beard** (*Tragopogon dubius*)

#### FERNS AND RELATIVES

- \***Brittle fern** (*Cystopteris fragilis*)
- \***Smooth scouring-rush** (*Equisetum laevigatum*)

#### SIGNIFICANT NOXIOUS WEEDS (some not yet in bloom, but evident)

- Cheatgrass** (*Bromus tectorum*)
- Rush skeletonweed** (*Chondrilla juncea*)
- St. Johnswort, Klamathweed** (*Hypericum perforatum*)
- Tumble or Jim Hill mustard** (*Sisymbrium altissimum*)
- Medusahead grass** (*Taeniatherum/Elymus caput-medusae*)

SHRUBS AND TREES (not all in bloom)

- \***Rocky Mountain maple** (*Acer glabrum* var. *douglasii*)
- \***Mountain or thinleaf alder** (*Alnus incana* ssp. *tenuifolia/incana*) – small tree
- \***Serviceberry** (*Amelanchier* sp.) – taxonomy in flux
- \***Mountain big sagebrush** (*Artemisia tridentata* ssp. *vaseyana*; some intergrading with ssp. *tridentata*)
- \***Creeping Oregon-grape** (*Berberis repens* [alternatively *Mahonia*])
- \***Water birch** (*Betula occidentalis*) – large shrub to small tree
- \***Red-osier dogwood** (*Cornus stolonifera* s.l.)
- \***Black hawthorn** (*Crataegus douglasii*)
- \***Rubber rabbitbrush** (*Ericameria* [formerly *Chrysothamnus*] *nauseosa*)
- \***Syringa or Lewis's mockorange** (*Philadelphus lewisii*)
- \***Mallowleaf ninebark** (*Physocarpus malvaceus*)
- \***Ponderosa pine** (*Pinus ponderosa*)
- \***Quaking aspen** (*Populus tremuloides*)
- \***Bitter cherry** (*Prunus emarginata*)
- \***Chokecherry** (*Prunus virginiana* var. *melanocarpa*)
- \***Bitterbrush, Antelope brush** (*Purshia tridentata*)
- \***Golden currant** (*Ribes aureum*)
- \***Wax currant** (*Ribes cereum*)
- \***Interior or Wood's rose** (*Rosa woodsii* subsp. *ultramontana*) – intergrading with \***Macdougal's, Nootka, or Spalding's rose** (*R. nutkana* subsp. *macdougalii*) with solitary larger flowers
- Himalayan blackberry** (*Rubus armeniacus/discolor/procerus*) – tasty but invasive non-native
- \***Thimbleberry** (*Rubus parviflorus*)
- \***Blue elderberry** (*Sambucus cerulea*, alternatively *S. mexicana*)
- \***Scouler's willow** (*Salix scouleriana*)
- \***Willows** (*Salix* spp.) – several difficult-to-distinguish species
- \***Mountain snowberry** (*Symphoricarpos rotundifolius* var. *vaccinioides*, previously *S. oreophilus* var. *utahensis*)
- \***Western poison-ivy** (*Toxicodendron rydbergii*, alternatively *Rhus radicans*) – CAUSES DERMATITIS

GRASSES & GRASSLIKE PLANTS (not all in bloom, but evident)

- \***Threeawn grass** (*Aristida purpurea* var. *longiseta*)
- Meadow brome** (*Bromus commutatus*) and/or other similar species
- \***Ross's sedge** (*Carex rossii*)
- Orchard grass** (*Dactylis glomerata*)
- \***Squirreltail grass** (*Elymus elymoides*, formerly *Sitanion hystrix*)
- \***Idaho fescue** (*Festuca idahoensis*)
- \***Junegrass** (*Koeleria macrantha*, previously *K. cristata*)
- \***Great Basin wildrye** (*Leymus/Elymus cinereus*)
- Bulbous bluegrass** (*Poa bulbosa*)
- \***Sandberg bluegrass** (*Poa secunda*)
- \***Bluebunch wheatgrass** (*Pseudoroegneria spicata*, alternatively in *Agropyron* or *Elymus*) – both native-to-site and planted races from other sites probably present
- Intermediate wheatgrass** (*Thinopyrum intermedium*, alternatively in *Elytrigia* or *Elymus*)
- Tall or rush wheatgrass** (*Thinopyrum ponticum*; alternatively in *Agropyron*, *Elymus*, *Elytrigia*)
- Rattail fescue** (*Vulpia/Festuca myuros*)